

# The Optimist Creed

by Christian D. Larson, 1912.

## PROMISE YOURSELF

- ✓ *To be so strong that nothing can disturb your peace of mind.*
- ✓ *To talk health, happiness and prosperity to every person you meet.*
- ✓ *To make all your friends feel that there is something in them.*
- ✓ *To look at the sunny side of everything and make your optimism come true.*
- ✓ *To think only of the best, to work only for the best, and to expect only the best.*
- ✓ *To be just as enthusiastic about the success of others as you are about your own.*
- ✓ *To forget the mistakes of the past and press on to the greater achievements of the future.*
- ✓ *To wear a cheerful countenance at all times and give every living creature you meet a smile.*
- ✓ *To give so much time to the improvement of yourself that you have no time to criticize others.*
- ✓ *To be too large for worry, too noble for anger, too strong for fear; and too happy to permit the presence of trouble.*
- ✓ *To think well of yourself and to proclaim this fact to the world, not in loud words but in great deeds.*
- ✓ *To live in the faith that the whole world is on your side so long as you are true to the best that is in you.*